

# Dr. B. R. Ambedkar University, Agra (Formerly: Agra University, AGRA)

Date: 29-04-2022

Meeting of the Board of Studies/ Academic Committee for P.G. Diploma in Yoga Education (PGDYE), Master in Physical Education & Sports Sciences (MPES) and B A in Yoga (BAY) held on 29-04-2022 at 11.00am in the Department of Library & Information Science, Paliwal Park, Dr. B.R.A. University, Agra.


The Following members were present in meeting -

1. Prof. U.C. Sharma (Dean Arts)
2. Dr. Akhilesh Chand Saxena (Convenor)
3. Dr. Dhanajay Singh, Assistant Professor R.B. S. College, Agra (Subject Expert)
4. Dr. Sheeldhar Dubey, Associate Professor, PDDU College, Lucknow (Subject Expert)
5. Dr. S. N. Singh, Associate Professor, S.D. PG College, Muzaffarnagar (Subject Expert)
6. Dr. Ramji Mishra, Assistant Professor, Patanjali University (Subject Expert)


## MINUTES

- OS (Acad)*  
*through Registrar*  
*m. Singh*  
*03.06.22*
1. The Committee confirms the minutes of previous meeting.
  2. The syllabus as per CBCS of P.G. Diploma in Yoga Education (PGDYE) thoroughly studied by the committee and passed by some little changes (Enclosure - 1). The theory subjects and practical of this course are given below-
    - a. Theory - Introduction of Yoga
    - b. Theory - Patanjali Yogsutra
    - c. Theory - Mental Health
    - d. Theory - Anatomy & Physiology
    - e. Practical - Yogic Practices
  3. The syllabus as per Two Year Course having four semester on the basis of CBCS for Master in Physical Education & Sports Sciences (MPES) thoroughly studied by the committee and passed by some little changes (Enclosure - 2). The details of theory subjects and practical of this course are given in encloser.
  4. The syllabus as per Three Year Course having six semester on the basis of CBCS for B A in Yoga, *M.A. in Yoga* (MAY) (BAY) thoroughly studied by the committee and passed with appreciation (Enclosure - 3). The details of theory subjects and practical of this course are given in encloser.
  5. The committee also submitted the list of examiners for the above three courses.
  6. The meeting ends with the vote of thanks.

Note : Committee has decided to amend in if further there will change in the above courses as per National Education Policy (NEP)

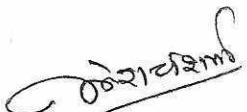
  
(Dr. Dhanajay Singh)

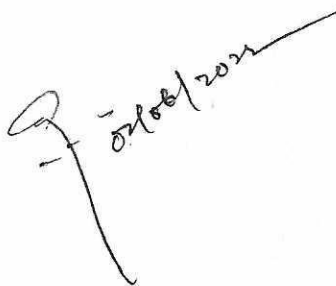
  
(Dr. Sheeldhar Dubey)

  
(Dr. S. N. Singh)

  
(Dr. Ramji Mishra)

  
(Dr. Akhilesh Chand Saxena)

  
(Prof. U.C. Sharma)

  
- 03/06/2022

**Dr. B. R. Ambedkar University, Agra**  
(Formerly : Agra University, AGRA)



CURRICULUM FOR

BACHELOR OF ARTS IN YOGA (B.A.Y.) PROGRAMMETHREE YEAR -

(SIX SEMESTERS)

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29/04/2022

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