

Value Added Course

Community Health Nutrition

Total : 30 hours

Even Semester

UNIT-1:

Unit I- Introduction to Community Nutrition

- Concept and Scope of community nutrition
- Factors affecting food habits, relation to knowledge, attitude, beliefs and practices in food behavior.

UNIT-2:

- Direct and Indirect Methods of Nutritional Assessment

UNIT-3:

- Protein Energy Malnutrition- Aetiology, Prevalence, Symptoms and Preventive measures

UNIT-4:

- Nutritional disorders: Anaemia, Vitamin A Deficiency, Iodine Deficiency Disorder.

Course Outcomes

This course enables the students to:

- To understand the concept and Scope of community nutrition.
- To know the assessment techniques applications for individuals and community.
- To gain knowledge about the nutritional problems in the community