

**Dr. B. R. Ambedkar University, Agra**  
(Formerly: Agra University, AGRA)

Date: 17-09-2022

Meeting of the Board of Studies/ Academic Committee for P.G. Diploma in Yoga Education (PGDYE-One Year Course: Two Semester), Master in Physical Education & Sports Sciences (MPES-Two Year: Four Semesters) and B.A. in Yoga (BAY-Three Years: Six Semesters) and M.A. in Yoga (MAY- Two Years: Four Semesters) held on 17-09-2022 at 11.00am in the Department of Library & Information Science, Paliwal Park, Dr. B.R.A. University, Agra.

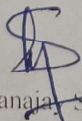
The Following members were present in the meeting –


1. Prof. U.C. Sharma (Dean Arts)
2. Dr. Akhilesh Chand Saxena (Convenor)
3. Dr. Dhanajay Singh, Assistant Professor, R.B. S. College, Agra (Subject Expert)
4. Dr. Sheeldhar Dubey, Associate Professor, PDDU College, Lucknow (Subject Expert)
5. Dr. S. N. Singh, Professor, S.D. PG College, Muzaffarnagar (Subject Expert)
6. Dr. Ram Ji Mishra, Assistant Professor, Patanjali University (Subject Expert)

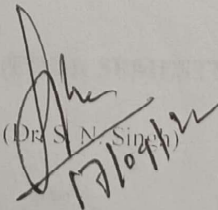
**MINUTES**

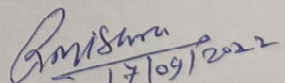
1. The Committee confirms the minutes of previous meeting with appreciation.
2. The syllabus as per CBCS of P.G. Diploma in Yoga Education (PGDYE) thoroughly studied by the committee and passed with warm appreciation. The theory subjects and practical of this course are given in the Enclosure-1.
3. The syllabus as per Two Year Course having four semester on the basis of CBCS for Master in Physical Education & Sports Sciences (MPES) thoroughly studied by the committee and passed with positive appreciation. The details of theory subjects and practical of this course are given in the Encloser – 2.
4. The syllabus as per three Year Course having six semester on the basis of CBCS for B A in Yoga (BAY) thoroughly studied by the committee and passed with appreciation. The details of theory subjects and practical of this course are given in Encloser-3.
5. The syllabus as per two Year Course having four semester on the basis of CBCS for M.A. in Yoga (MAY) thoroughly studied by the committee and passed with appreciation. The details of theory subjects and practical of this course are given in Encloser-4.
6. The committee also submitted the list of examiners for the M.A. in Yoga (MAY) course and for other above three courses lists were already submitted in the previous meeting held on 29/04/2022.
7. The committee has discussed and decided that the list of examiners will be approved in the further meeting
8. The meeting ends with the vote of thanks.

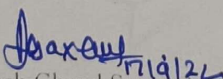
Note : Committee has decided to amend the above courses as per National Education Policy (NEP), if it required.

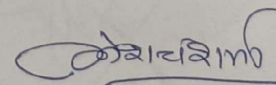
  
(Dr. Dhanajay Singh)

  
(Dr. Sheeldhar Dubey)

  
(Dr. S. N. Singh)

  
(Dr. Ramji Mishra)

  
(Dr. Akhilesh Chand Saxena)

  
(Prof. U.C. Sharma)

Received  
for me  
23/9/22

प्रो. उमेश चन्द शर्मा  
डीन- कला संकाय  
डॉ. भीमराव आंबेडकर विश्वविद्यालय  
आगरा

# Dr. B. R. Ambedkar University, Agra (Formerly: Agra University, AGRA)

Date: 29-04-2022

Meeting of the Board of Studies/ Academic Committee for P.G. Diploma in Yoga Education (PGDYE), Master in Physical Education & Sports Sciences (MPES) and B A in Yoga (BAY) held on 29-04-2022 at 11.00am in the Department of Library & Information Science, Paliwal Park, Dr. B.R.A. University, Agra.

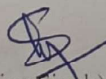
The Following members were present in meeting –


1. Prof. U.C. Sharma (Dean Arts)
2. Dr. Akhilesh Chand Saxena (Convenor)
3. Dr. Dhanajay Singh, Assistant Professor R.B. S. College, Agra (Subject Expert)
4. Dr. Sheeldhar Dubey, Associate Professor, PDDU College, Lucknow (Subject Expert)
5. Dr. S. N. Singh, Associate Professor, S.D. PG College, Muzaffarnagar (Subject Expert)
6. Dr. Ramji Mishra, Assistant Professor, Patanjali University (Subject Expert)

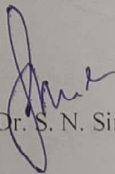
## MINUTES

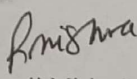
1. The Committee confirms the minutes of previous meeting.
2. The syllabus as per CBCS of P.G. Diploma in Yoga Education (PGDYE) thoroughly studied by the committee and passed by some little changes (Enclosure -1). The theory subjects and practical of this course are given below-
  - a. Theory - Introduction of Yoga
  - b. Theory - Patanjali Yogsutra
  - c. Theory - Mental Health
  - d. Theory - Anatomy & Physiology
  - e. Practical – Yogic Practices
3. The syllabus as per Two Year Course having four semester on the basis of CBCS for Master in Physical Education & Sports Sciences (MPES) thoroughly studied by the committee and passed by some little changes (Enclosure - 2). The details of theory subjects and practical of this course are given in encloser.
4. The syllabus as per Three Year Course having six semester on the basis of CBCS for B A in Yoga, ~~BA in Yoga~~ (MAY) (BAY) thoroughly studied by the committee and passed with appreciation (Enclosure - 3). The details of theory subjects and practical of this course are given in encloser.
5. The committee also submitted the list of examiners for the above three courses.
6. The meeting ends with the vote of thanks.

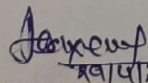
Note : Committee has decided to amend in if further there will change in the above courses as per National Education Policy (NEP)

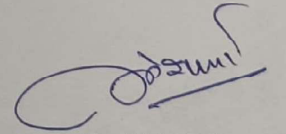
  
(Dr. Dhanajay Singh)

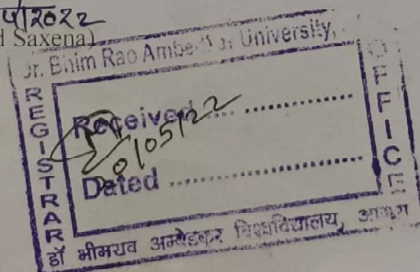
  
(Dr. Sheeldhar Dubey)

  
(Dr. S. N. Singh)

  
(Dr. Ramji Mishra)

  
(Dr. Akhilesh Chand Saxena)

  
(Prof. U.C. Sharma)



etc